

## San Joaquin County Warming Locations

San Joaquin County- With freezing overnight temperatures expected this week, several overnight warming locations are available to residents. Warming locations are opened during inclement weather conditions to provide citizens relief from the extreme weather and prevent climate related injuries, and are open to anyone who may be without adequate heat or are unsheltered.

Below is a current list of locations provided by partners within the County:

### City of Stockton

- Arnold Rue Community Center - 5758 Lorraine Ave., Stockton, CA 95210
  - Open 8 p.m. through 7a.m. until Friday morning
- Stribley Community Center - 1760 E. Sonora St., Stockton, CA 95205
  - Open 8 p.m. through 7a.m. until Friday morning

### City of Manteca

- Manteca Transit Center - 220 Moffat Blvd., Manteca, 95337
  - Open from 9 p.m. to 7 a.m., through Friday evening

### City of Tracy

- Tracy Community Connections Center- 306 W. Eaton Ave, Tracy, CA 95376
  - Open 7 p.m. – 7 a.m. daily.
- Tracy Transit Center - 50 E. Sixth St., Tracy CA, 95376
  - Monday- Friday 8 a.m. – 7 p.m., Saturday 10 a.m.-6 p.m.

### City of Lodi

- Hope Harbor (Salvation Army)- 662 N. Sacramento St., Lodi, CA 95240
  - Open 10 p.m.- 6 a.m. through Friday morning

Prolonged exposure to freezing temperatures can cause hypothermia. Hypothermia occurs when the body loses heat faster than it can produce. Hypothermia can occur in temperatures as warm as 60°F, particularly in water or if you are outside a long time and not dressed for the weather. As you age, your body becomes less efficient at letting you know when you are too cold. In addition, older people tend not to shiver effectively, one of the ways the body warms itself up.

For a list of Warming Zones or shelters throughout San Joaquin County, please call 2-1-1 or visit the San Joaquin County Office of Emergency Services website at [www.sjready.org](http://www.sjready.org).