

# Tips for safe FACE COVERING USE



Clean hands before and after touching the face covering.



Remove and store face covering before eating or drinking.

Wash used face coverings with detergent and hot water, then dry on the hot cycle.



Store used face coverings in a bag or bin until they can be laundered.



Always cover your nose and mouth.



Use a securely-placed bandana, scarf, or homemade cloth cover.



Avoid touching the face covering. It should not hang on one ear, around the neck or be pushed to the forehead.



[www.sjcphs.org/coronavirus.aspx](http://www.sjcphs.org/coronavirus.aspx)

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# Consejos para uso seguro de **COBERTURAS FACIALES**



Limpie sus manos antes y después de tocar la cobertura facial.

Remueva y guarde la cobertura facial antes de comer o beber.



Lave coberturas faciales usadas con detergente y agua caliente, luego seque en el ciclo caliente.



Almacene coberturas faciales usadas en una bolsa o contenedor hasta que puedan lavarse.

[www.sjcphs.org/coronavirus\\_spanish.aspx](http://www.sjcphs.org/coronavirus_spanish.aspx)



Use un pañuelo, bufanda o una cobertura de tela hecha en casa.

Siempre cubra su boca y su nariz.



Evite tocar la cobertura facial. No debe colgarse de una oreja, alrededor del cuello ni ser empujado hacia la frente.



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